

# HEALTH TODAY

Late Summer 2003

ARBUTUS ACUPUNCTURE & MASSAGE THERAPY CLINIC

## Bioaset and Allergies

Allergies and sensitivities can be very destructive in a person's everyday life. Approximately 90 million people in North America have sensitivities to foods, chemicals, fabrics or their environment which can contribute to various imbalances such as fatigue, arthritis, headaches (including migraines), bloating, constipation, diarrhea, watery eyes, psoriasis, leaky gut, chrohns, ear infections, bedwetting and even infertility – just to name a few! Traditional Western Medicine offers little hope unless perhaps you are one of the lucky ones and are able to outgrow it. A

weakened digestive system results in a poor immune system and therefore a thriving environment for food and chemical sensitivities.

### ABOUT BIOSET

*Bioaset's* approach is simple and effective. The protocol involves enzymes, using acupuncture meridians and points (without needles) whereby pressure is applied to the back. The system is non-invasive and the allergies are usually greatly reduced or completely eliminated!



## About the Food Allergy Cure

Dr. Cutler's book 'The Food Allergy Cure' describes the Bioaset system in a well laid-out format. I definitely recommend reading this book before booking the first appointment.

The first session involves two components:

1. You arrive at the office without taking any food for 6 hours, including brushing teeth, however drinking water is acceptable – this enables us to test the body in a fasting state.

2. We then check to see how the body is in a non-fasting state to see how the body responds to all the basic food groups such as carbohydrates, proteins, etc.

We are then able to start the allergy elimination protocol!

Clients who have steered away from foods such as wheat, chocolate, animals, etc., can now include them in their life and not suffer with any side effects! However, I still advocate a dietary regime.

Food allergies and sensitivities do take time to be removed so persevere! With everything, it may not work for everyone but the results are worth the time and effort.

Call Carla for an appointment now !

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